

Sector Capacity Building Initiative

Gladstone Region Childhood Builders

The Gladstone Region Childhood Builders series enhances the wellbeing of children by offering a variety of activities engaging neuro-informed, strengths-based, child-centred and trauma-informed practices as a unified program, exploring how to practically implement frames and tools into professional practice.

Childhood Builders helps to start conversations with parents and families about wellbeing, make the right connections and positive change where it matters most.

By equipping our community with Childhood Builder frameworks, we can support all children to thrive.

In 2024, over 50 frontline practitioners from across sectors came together for the first Gladstone Region Childhood Builders Training Series. Here's what they said:

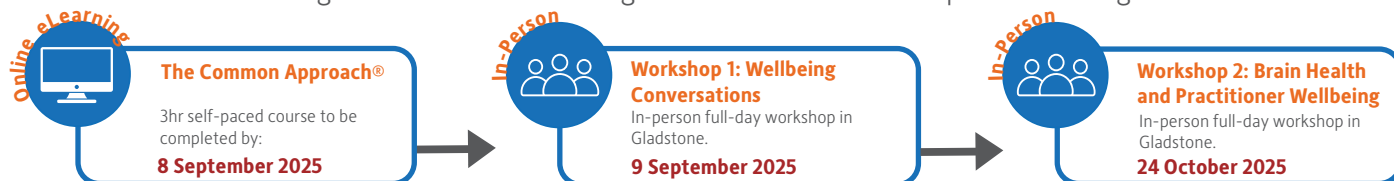
"The ARACY Nest provides a clear and practical framework for child and family wellbeing."

"I'm more confident in having broader wellbeing conversations with parents."

"I realised how important it is to consider our own mental health as practitioners — it's a vital part of delivering effective support."

Training is suited to child-family focused organisational leads, practitioners, educators, and client support roles who work with children, parents and families living in the Gladstone Region.

Childhood Builders training series is delivered through a blend of online and in-person learning.



Cost

\$785 per participant. If cost of training is an inhibitor to participation, please contact GRT.

The Sector Capacity Building Initiative partnership has sponsored:

- ✓ Training Facilitator Accommodation and Travel
- ✓ Training Venue
- ✓ Training Catering
- ✓ Training Coordination and Administration

About Training Facilitators

Childhood Builders is a collaborative training partnership of the Australian Research Alliance for Children and Youth (ARACY), Thriving Queensland Kids Partnership (TQKP) and Yiliyapinya Indigenous Corporation.

Scan the QR code to express your interest.

Limited Spots. Secure your seat today!



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Training Overview



The Common Approach® and Wellbeing Conversations 9 September 2025

A key component of the training is The Common Approach®, which introduced The Nest, Australia's wellbeing framework for children and young people.

Through activities, participants will apply the theory and principles of the Common Approach to their work, share examples of practice and develop ideas to enhance relationships and support wellbeing across different sectors and organisations.

Key Outcomes:

- Explore the six areas of wellbeing for children and young people that are at the heart of the Common Approach.
- Access resources that support the use of the Common Approach.
- Explore how to practically apply the Common Approach in the work that you do.
- Develop common language and approach for people working with children and young people in the Gladstone Region.



Discover the experience of the inaugural Childhood Builders Workshop in 2024

Growing Gladstone's Human Service Sector Capacity

Scan or click the QR code.



Brain Health and Practitioner Wellbeing 24 October 2025

Participants will gain a deeper understanding of brain health and development, including the effects of stress and trauma, and gain insight into how physical, psychological and social wellbeing factors shape brain health and capacity.

Training highlights the important role of frontline practitioners and the incredible work they do every day.

Key Outcomes:

- Develop brain health knowledge by understanding your own brain.
- Learn what 'brain health and skills' refers to and how it can impact children and young people.
- Turn knowledge of your own brain health into action to grow and maintain personal wellbeing and productivity.

Explore why learning with Sheryl Batchelor – Yiliyapinya, has been acknowledged as high value by Gladstone practitioners and professionals

Practitioner Wellbeing Training: Enhancing Brain Health for our Frontline Human Service Practitioners

Scan or click the QR code.

